ivia **Walch**

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Summary ____

I'm the CEO of Arcascope, a company making software to help people live more in line with their body's circadian rhythms. I got my Ph.D in Applied Mathematics from the University of Michigan in 2016 and have studied the mathematics of sleep for the last ten years. Outside of sleep, I was co-editor of Political Geometry, a volume on the mathematics of gerrymandering, with Moon Duchin.

Education_____

College	of	William	ଞ	Mary
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B.S. IN MATHEMATICS AND BIOPHYSICS

University of Michigan

PH.D APPLIED MATHEMATICS

Work Experience_____

Arcascope

CEO

- Founded company aimed at taking biophysics + ML to the consumer market, targeting sleep and circadian rhythms via mobile apps first
- Currently leading a team of six to take an app for shift workers, Shift, to market

University of Michigan

Ann Arbor, MI ADJUNCT RESEACH INVESTIGATOR 2019 - Present • 0% appointment; research focuses on open source sleep algorithms using data from consumer wearable devices

Honors & Awards

2016	Co-winner, Peter Smereka Award for Best Thesis	Ann Arbor, MI
2016	First place, UMich ``Mobile Apps Challenge"	Ann Arbor, MI
2016	Second Place Overall Prize and Disney Emerging Technology Winner, MHacks	Ann Arbor, MI
2015	First Overall Prize and Microsoft Prize Winner, HackNTU	Taipei, Taiwan
2015	Grand Prize and Best Use of Wolfram Technology Winner, MHacks	Ann Arbor, MI
2012	National Science Foundation Graduate Fellowship, NSF	Ann Arbor, MI
2011	Rhodes Scholar Finalist, Georgia/Virginia District	Williamsburg, VA
2010	Co-Gold medalist, International University Physics Competition	Williamsburg, VA
2007	1693 (Murray) Scholar, William and Mary	Williamsburg, VA

Other fun stuff

Squigglish

Developed mobile app for animating line drawings; downloaded more than 250k times

Entrain

Student project app for helping people cross time zones faster by seeking and avoiding light at the right times; featured on CNN and in O Magazine

Sketch Anything

Developed a (currently defunct) app to convert images and drawings into step-by-step drawing guides using Fourier series

You Can Try Again

My sci-fi mini-comic, published from Silver Sprocket and available for free online

Williamsburg, VA Sept. 2007 - May 2011

Ann Arbor, MI September 2016

> Chantilly, VA 2019 - Present

Publications

- Moreno, J. P., Hannay, K. M., Walch, O., Dadabhoy, H., Christian, J., Puyau, M., ... & Cheng, P. (2022). Estimating Circadian Phase in Elementary School Children: Leveraging Advances in Physiologically-Informed Models of Circadian Entrainment and Wearable Devices. Sleep.
- Cheng, P., Walch, O., Huang, Y., Mayer, C., Sagong, C., Cuamatzi Castelan, A., ... & Drake, C. L. (2021). Predicting circadian misalignment with wearable technology: validation of wrist-worn actigraphy and photometry in night shift workers. Sleep, 44(2), zsaa180.

Duchin, M., & Walch, O. (2021). Political Geometry.

- Bowman, C., Huang, Y., Walch, O. J., Fang, Y., Frank, E., Tyler, J., ... & Forger, D. B. (2021). A method for characterizing daily physiology from widely used wearables. Cell reports methods, 1(4), 100058.
- Huang, Y., Mayer, C., Walch, O. J., Bowman, C., Sen, S., Goldstein, C., ... & Forger, D. B. (2021). Distinct Circadian Assessments From Wearable Data Reveal Social Distancing Promoted Internal Desynchrony Between Circadian Markers. Frontiers in Digital Health, 155.
- Christensen, S., Huang, Y., Walch, O. J., & Forger, D. B. (2020). **Optimal adjustment of the human circadian clock in the real world**. PLOS Computational Biology, 16(12), e1008445.
- Walch, O. (2020). Putting it all together: Connecting mobile technology to systems biology. Current Opinion in Systems Biology, 22, 16-21.
- Walch, O., Huang, Y., Forger, D., & Goldstein, C. (2019). Sleep stage prediction with raw acceleration and photoplethysmography heart rate data derived from a consumer wearable device. Sleep, 42(12), zsz180.
- Smith, D. F., Ruben, M. D., Francey, L. J., Walch, O. J., & Hogenesch, J. B. (2019). When should you take your medicines?. Journal of biological rhythms, 34(6), 582-583.
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- Walch, O. J., Cochran, A., & Forger, D. B. (2016). A global quantification of "normal" sleep schedules using smartphone data. Science advances, 2(5), e1501705.
- Walch, O. J., & Eisenberg, M. C. (2016). Parameter identifiability and identifiable combinations in generalized Hodgkin–Huxley models. Neurocomputing, 199, 137-143.
- Walch, O. J., Zhang, L. S., Reifler, A. N., Dolikian, M. E., Forger, D. B., & Wong, K. Y. (2015). Characterizing and modeling the intrinsic light response of rat ganglion-cell photoreceptors. Journal of neurophysiology, 114(5), 2955-2966.
- Vartanian, G. V., Li, B. Y., Chervenak, A. P., Walch, O. J., Pack, W., Ala-Laurila, P., & Wong, K. Y. (2015). Melatonin suppression by light in humans is more sensitive than previously reported. Journal of biological rhythms, 30(4), 351-354.

Johnson, C., & Walch, O. (2012). Critical exponents: old and new. The Electronic Journal of Linear Algebra, 25, 72-83.

- Johnson, C., & Walch, O. (2012). Commuting pairs of patterns and symmetric realizations. The Electronic Journal of Linear Algebra, 25, 84-91.
- Johnson, C. R., Lins, B., & Walch, O. (2011). The critical exponent for continuous conventional powers of doubly nonnegative matrices. Linear algebra and its applications, 435(9), 2175-2182.